

**NON-GLUTEN
CONTAINING
INGREDIENTS**

**THE
UNION
ARMS**
TYLDESLEY



Dementia
"Forget me not"

**THE HOME OF FORGOTTEN
REGULARS DEMENTIA CLUB**

PLEASE INFORM US THAT YOUR MEAL NEEDS TO BE FREE FROM GLUTEN CONTAINING INGREDIENTS WHEN YOU PLACE YOUR ORDER. THANK YOU

STARTERS

HOMEMADE SOUP OF THE DAY	£5.45
please ask for today's choice	
HALLOUMI FRIES (V)	£6.50
salad and chilli jam	
GARLIC MUSHROOMS (V)	£5.95
pan fried mushrooms in a creamy garlic sauce, served on toasted ciabatta roll	

JACKET POTATOES

Oven baked jacket potato served with side salad

CHEESE (V)	£6.00
BAKED BEANS (V)	£6.00
CHEESE AND BAKED BEANS (V)	£7.00
TUNA MAYONNAISE	£7.00
CHILLI AND SOUR CREAM	£7.00
CHEESE AND 'SLAW (V)	£7.00

SMALL PLATES

GAMMON egg, chips and garden peas	£6.95
FISH & CHIPS mushy peas	£6.95
CHILLI CON CARNE rice, chips and sour cream	£6.95

PASTA DISHES

LASAGNE	£11.50
homemade beef and pork mince lasagne, topped with a creamy cheese sauce, served with garlic bread and salad	
CHICKEN AND CHORIZO PENNE	£11.95
chicken breast in a tomato and mascarpone sauce, served with garlic bread	
PEPPERED STEAK TAGLIATELLE	£11.95
strips of rump steak with onions, mushrooms and garlic, in a creamy pepper sauce, served with garlic bread	

SALADS

CHICKEN AND CHORIZO SALAD	£10.50
strips of chicken, Spanish chorizo, halloumi and sweet chilli sauce	
CAJUN CHICKEN SALAD	£10.50
strips of chicken coated in Cajun spice, with sweet chilli and sour cream	
STEAK AND ONION SALAD	£10.50
sliced prime rump steak, topped with sliced onions and black pepper mayonnaise	

(V) vegetarian (ve) vegan (vea) vegan available

All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. The Union Arms avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. All our products are subject to availability as our ingredients are locally sourced. Food Allergies & Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. Thank you.

GRILLS

8oz RUMP STEAK	£15.50
prime steak from our butcher, cooked to your liking with grilled tomato and mushroom, chips and garden peas	
10oz RIBEYE STEAK	£19.95
matured 21 day dry-aged ribeye cooked to your liking, with grilled tomato and mushroom, chips and garden peas	
GAMMON STEAK **	£12.95
8oz horseshoe gammon steak, egg or pineapple, grilled tomato, chips and garden peas	

UNION FAVOURITES

BEER BATTERED FISH AND CHIPS **	£12.95
freshly battered cod, chips, mushy peas and lemon wedge	
CHICKEN TIKKA MASALA **	£12.95
tikka marinated chicken in a creamy medium-spiced tomato curry sauce, served with your choice of rice or chips	
PEPPERED CHICKEN **	£12.95
chicken breast in a black pepper sauce, chips and vegetables	
CAJUN CHICKEN **	£12.95
chicken breast marinated in Cajun spices, served with chips, 'slaw and side salad	
CHILLI CON CARNE **	£12.95
homemade spicy chilli con carne, served with rice, tortilla chips and sour cream	
PENANG CURRY (V) (ve)	£13.45
an aromatic coconut sauce with cauliflower, green beans, mangetout and peppers, served with rice	

CIABATTAS

All served with side salad and 'slaw

BEEF AND ONION	£8.50
CAJUN CHICKEN	£7.50
TUNA MELT	£8.50
CHICKEN, BACON AND CHEESE	£7.50

SIDES

HAND CUT CHIPS (V)	£3.00
SWEET POTATO FRIES (V)	£4.45
COLESLAW (V)	£1.50
GRAVY	£2.45
PEPPERCORN SAUCE	£2.45
GARLIC BREAD (V)	£3.00
GARLIC BREAD AND CHEESE (V)	£3.50

PLEASE ASK ABOUT NGCI DESSERTS

LOOK FOR THE ** TWO FOR
£24.95 ON SELECTED DISHES