## NON-GLUTEN CONTAINING INGREDIENTS

## THE UNION ARMS

## PLEASE INFORM US THAT YOUR MEAL NEEDS TO BE FREE FROM GLUTEN CONTAINING INGREDIENTS WHEN YOU PLACE YOUR ORDER. THANK YOU

STARTERS		GRILLS	
HOMEMADE SOUP OF THE DAY please ask for today's choice	£5.45	8oz RUMP STEAK prime steak from our butcher, cooked to your	£13.50
HALLOUMI FRIES ® salad and chilli jam	£6.50	liking with grilled tomato and mushroom, chips and garden peas	04705
GARLIC MUSHROOMS ♥ pan fried mushrooms in a creamy garlic sauce, served on toasted ciabatta roll	£5.95	10oz RIBEYE STEAK matured 21 day dry-aged ribeye cooked to your liking, with grilled tomato and mushroom, chips and garden peas	£17.95
JACKET POTATOES		GAMMON STEAK 8oz horseshoe gammon steak, egg or pineapple, grilled tomato, chips and garden peas	£10.95
Oven baked jacket potato served with side salad			
CHEESE ♥	£6.00	UNION FAVOURITES	
BAKED BEANS ®	£6.00	BEER BATTERED FISH AND CHIPS 🚴	£10.95
CHEESE AND BAKED BEANS <b>⊙</b>	£6.00	freshly battered cod, chips, mushy peas	
TUNA MAYONNAISE	£6.00	and lemon wedge	
CHILLI AND SOURED CREAM	£6.00	CHICKEN TIKKA MASALA	£10.95
CHEESE AND 'SLAW ♥	£6.00	tikka marinated chicken in a creamy medium-spiced tomato curry sauce, served with your choice of rice or cl	hips
		PEPPERED CHICKEN 🚣	£10.95
SMALL PLATES		chicken breast in a black pepper sauce, chips and vegetables	
GAMMON egg, chips and garden peas	£5.95	CAJUN CHICKEN 🚣	£10.95
FISH & CHIPS mushy peas	£5.95	chicken breast marinated in Cajun spices, served with chips, 'slaw and side salad	
CHILLI CON CARNE rice, chips and soured cream	£5.95	CHILLI CON CARNE homemade spicy chilli con carne, served with rice,	£10.95
PASTA DISHES		tortilla chips and soured cream	044.45
	044 50	PENANG CURRY © @ an aromatic coconut sauce with cauliflower, green bean:	£11.45 s.
LASAGNE   homemade beef and pork mince lasagne topped with a creamy cheese sauce,	£11.50	mangetout and peppers served with rice	-,
served with garlic bread and salad		CIABATTAS	
CHICKEN AND CHORIZO PENNE	£11.95	All served with side salad and 'slaw	
chicken breast in a tomato and mascarpone sauce served with garlic bread		BEEF AND ONION	£7.50
PEPPERED STEAK TAGLIATELLE	£11.95	CAJUN CHICKEN	£7.50
strips of rump steak with onions, mushrooms and garlic	211.95	TUNA MELT	£6.50
in a creamy pepper sauce, served with garlic bread		CHICKEN, BACON AND CHEESE	£7.50
SALADS		SIDES	
CHICKEN AND CHORIZO SALAD strips of chicken, Spanish chorizo, halloumi and sweet chilli sauce	£10.50	HAND CUT CHIPS ♥ SWEET POTATO FRIES ♥ COLESLAW ♥	£2.50 £4.00 £1.50
CAJUN CHICKEN SALAD strips of chicken coated in Cajun spice with sweet chilli and soured cream	£10.50	GRAVY PEPPERCORN SAUCE GARLIC BREAD ⊙	£2.45 £2.45 £3.00
STEAK AND ONION SALAD	£10.50	GARLIC BREAD AND CHEESE ♥	£3.50
sliced prime rump steak topped with sliced onions and black pepper mayonnaise		PLEASE ASK ABOUT NGCI DESSERTS	

 $\begin{tabular}{ll} \hline $v$ vegetarian & \hline $v$e vegan & \hline $v$e vegan available \\ \hline \end{tabular}$ 

All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. The Union Arms avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. All our products are subject to availability as our ingredients are locally sourced. Food Allergies & Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. Thank you.

LOOK FOR THE # TWO FOR £20.95 ON SELECTED DISHES